



PREVENT MOSQUITO-BORNE INFECTIONS.

Dengue, chikungunya, malaria, yellow fever and Zika virus are present in Brazil.



CONTACT:

International SOS
www.internationalsos.com



ZIKA VIRUS: REDUCE EXPOSURE



WEAR LONG CLOTHING



SLEEP UNDER A NET



EFFECTIVE INSECT REPELLENT



USE A CONDOM



English
Portuguese Phrases



Mosquito
Mosquito



Insect repellent
Repelente de insetos



Condom
Preservativo

LEARN MORE AT:

<https://www.internationalsos.com/topics/zika-virus>



BRAZIL POCKET GUIDE

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TRAVEL SAFETY PHRASES



Help
Socorro



Stop
Pare



Run
Corre



Watch out
Preste atenção



Calm down
Acalme-se



Call the police
Chame a polícia



English
Portuguese



Fire
Fogo



Thief
Ladrão



It's urgent
É urgente



Accident
Acidente



Call the doctor
Chame a medico



Call the ambulance
Chame a ambulância



Assistance
Phrases



Medical
Phrases



I feel sick
Me sinto doente



I don't feel well
Eu não me sinto bem



I need a doctor
Eu preciso de um médico



It hurts here
Dói aqui



Dentist
Dentista



Medicine
Remédio



**Where is the
closest pharmacy?**
Onde é a farmácia
mais próxima?



Headache
Dor de cabeça



Fever
Febre



Stomach Ache
Dor de estômago



Food Poisoning
Intoxicação alimentar



Diarrhoea
Diarréia



Asthma
Asma